

Build a Sensory Box

Have fun playing a search-and-find sensory game with your toddler!

Build a DIY sensory box, hide objects in bin filler, and have your toddler dig through to discover and explore. What objects of varying textures can you hide in the sensory box for your toddler to find?

Materials

Large or medium-sized container
Dried beans or rice
Toys and objects
Spoons, cups, a funnel and other scooping and pouring tools



Instructions

- 1. Pour dried beans or rice into a large or medium-sized container. Your toddler may enjoy helping you with this step!
- 2. Hide colorful toys and objects of varying textures in the container for your toddler to find.
- 3. Play a matching game with your toddler by hiding at least two objects of the same color, size, and/or texture.
- 4. Experiment with different search tools, like a spoon or a fork. Which tool scoops better?
- 5. Talk with your toddler about the objects. Ask questions about how objects look, feel, and sound.

Go Further

Have your toddler hide something of their choice in the sensory box for you to search and find!

Mix up a few cool or warm objects in your sensory box to explore temperature.

Share a photo of your sensory box! Tag us on Instagram @bcmkids #bcmandyou

