

7PM Noisemaker

Make your own noisemaker using plates, loose materials, and tape.

We clap because we care! New Yorkers are making noise out of their windows in honor of essential workers every day at 7 pm. What interesting materials can you find to make your unique noisemaker?

Materials

2 plastic plates, cups, or bowls
Tape
Crayons or markers
Hard fillings—marbles, pebbles, LEGO pieces, dried beans



Instructions

1. Place the hard fillings in one of your plates, cups, or bowls.
2. Cover the side with the fillings with the second plate, cup, or bowl.
3. Tape and secure all edges so that no fillings escape when rattled.
4. Decorate your noisemaker.
5. Go make some noise, and shake your noise maker! Show your care and appreciation for essential workers.

Go Further

Listen to other people in your community make noise and describe the sounds to your family member.

How do these sounds make you feel?

Share a photo of your noisemaker! Tag us on Instagram @bcmkids #bcmandyou

